



Youth Volunteer Opportunities

- Create Care Packages:
 - o Make care packages for our clients, crisis workers and/or clinical staff! Our clients are working hard in their recovery goals. Our Crisis Worker staff and volunteers are handling crisis calls and texts around the clock. Our clinical staff provides behavioral health services through telehealth and in person. Show your support for those we serve and those working hard to keep our community safe.
 - o **Needed items include:** Coloring books and colored pencils, stress balls, journals, nonperishable snacks, cards with messages of hope or encouragement, etc. Please be sure all items and messages are generic and not specific to a particular holiday or religion.
 - o Create packages by placing items in gift bags or donate individual items.

- Create holiday or encouragement cards for HopeLink clients:
 - o Create cards to celebrate holidays or share words of encouragement. Holiday ideas include winter holidays, New Years, Valentine's Day, July 4th, Halloween, etc.).
 - o Cards should not be specific to any religion (Ex: Instead of Merry Christmas, include terms like Happy Holidays).

- Collect art supplies for the adults in our Recovery Academy Day Programs:
 - o Including items such as water-based paints, brushes, markers, colored paper, yarn, magazines, etc.

- Join our suicide prevention campaign, #CallTextLive, held annually in September: www.hopelinkbh.org/calltextlive.

- Join our mental health awareness month campaign, held annually in May: <https://hopelinkbh.org/mental-health-awareness-month/>
- Share our Crisis Services hotline, textline and chatline wallet cards in [English](#) or in [Spanish](#) with your school, teachers, guidance counselors, friends, family members, peer groups, etc.

If you're interested in volunteering HopeLink, please contact

volunteer@hopelinkbh.org

<https://hopelinkbh.org>