



CRSP_MAY BE FOR YOU IF...

... YOU WANT TO MAKE NEW CONNECTIONS IN YOUR COMMUNITY

... YOU'RE READY TO LEARN MORE ABOUT YOURSELF

... YOU WANT HELP GETTING FROM WHERE YOU'RE AT TO WHERE YOU WANT TO BE!

CRSP is an intensive, group-based psychosocial rehabilitation program for high-needs individuals who are ready to take steps forward in their mental health recovery.

At CRSP, your assigned staff will work with you to create a highly individualized attendance and treatment plan that is best suited to your goals!

PROGRAM INFORMATION

LOCATION: 8221 WILLOW OAKS CORPORATE DRIVE SUITE 3-409 FAIRFAX, VA 22031

> HOURS: MONDAY THRU FRIDAY 9:30 AM - 2:30 PM

At CRSP, you can...

- Spend time with peers
- Learn more about your mental
 illness
- Improve your self-worth
- Practice life skills
- Work on your time management
- Develop coping skills for managing your symptoms
- Work on your sobriety
- Feel safe, welcome, and accepted
- Plan for what's next in your recovery!

Sound like the program for you? Talk to your CSB case manager about a referral to CRSP!



FOR MORE INFORMATION, CONTACT: EMILY HOLLIDGE, LCSW, LMHP EHOLLIDGE@HOPELINKBH.ORG 703-606-8519

